

# Through the Ear to the Heart

## Sing the Music of St. Hildegard of Bingen



A contemplative practice in the medieval oral tradition  
Open to everyone who enjoys singing

St. Hildegard of Bingen (1098-1179) was a Benedictine Abbess, visionary, healer, naturalist, poet, playwright, and counselor. She was also a brilliant composer. Her songs are beautiful, inspiring, and encoded with mystical wisdom and insight. Experience Hildegard's music the way she shared it with the women and men who sang with her, in a restful, nourishing process of listening and singing together 'through the ear to the heart.'

**Winter Schedule 2021**  
**Tuesday evenings 7:00-8:00 pm**  
via Zoom

For information or to request a Zoom invitation  
contact Devi ~ [info@singhildegard.com](mailto:info@singhildegard.com) ~ 707-829-0815  
**Meeting Dates: Jan 12, 26; Feb 9, 23; Mar 9, 23**

No experience or musical training required  
Drop-ins & newcomers are always welcome  
Donations gratefully accepted



**Devi Mathieu** has been singing and teaching the music of St. Hildegard for more than 20 years. A singer of western medieval and contemporary music in the US and Europe, she has a lifelong love of sacred music from around the world.

1/5/2021